

Accountable Care Discussion

Vermont House Appropriations Committee

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A Continuing Journey on Coverage and Payment Reform



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2012 2014 2011 2013 2015 2016 2017 2010





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2010-2011

Legislative Action National: PPACA

Vermont: Act 48





2011-2012

Early Implementation

National: MSSP ACO Program; Age 26; Exchange Planning Vermont: GMCB seated; VT exchange legislation; Hospital NR growth limits, payment reform pilots

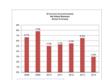


2012-2014

Becoming Real

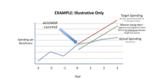
National: ACA benefit plans, exchanges, Medicaid expansion Vermont: SIM Grant, VT Health Connect, Multi-Payer ACO programs





2014-2016 **Getting Serious**

National: Strong Commit to Value-Based Payment, ACO Risk, Multi-Payer Models, Deal on SGR Vermont: Multiple ACOs, creating VCO, Negotiate All



Paver Model



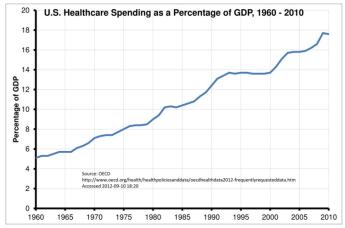


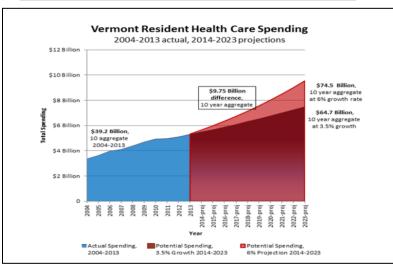
2017+ **Future Model**

National: Replace/modify ACA, implement MACRA/MIPS, Continue ACO programs Vermont: APM, Medicaid Next Generation, True non-FFS payment reform, broad-based population health management

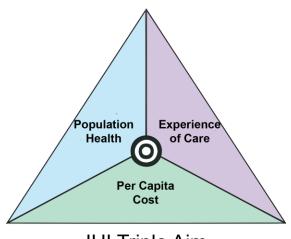
Value-Based Payment Reform Roots



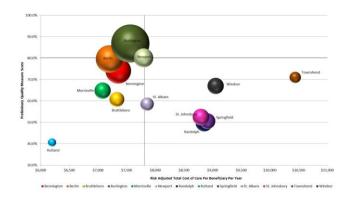




Unsustainable Cost Growth + Mixed Quality, Service, and Value



IHI Triple Aim



Medicare/CMS Leading the Charge*





12 Major Programs

- 5 Mandatory
- 7 Optional

Voluntary movement to more advanced models beginning to exempt providers from more basic programs

True innovation increasingly provided/allowed in more advanced models

^{*} Expected to continue given bipartisan support for value-based elements of health reform

Accountable Care and ACOs





"Accountable Care"

 Payment reform based on physicians and hospitals being accountable for total cost of care and quality/satisfaction of health care for an attributed patient population

"Accountable Care Organization" = ACO

 A voluntary organization of providers participating in population-based Accountable Care programs for Medicare, and/or Medicaid, and/or Commercial Health Plans

"Attributed Patient Population"

 Under current ACO programs, determined as those having established primary care relationships with physicians participating in the ACO network

The Basic ACO Transformation





Encounter-Based Delivery System

- Optimized for high quality provider visits to treat a specific illness, injury, or problem in isolation
- Limited incentive for delivery system to organize around the patient's complete health care needs and experience
- Providers paid through "after the fact" claims for reimbursement for individual encounters of care
- Providers do best by maximizing volume

Person-Based Delivery System

- Optimized for proactive partnership with all patients to manage health and proactively plan care needs
- Significant ability and incentives to understand entire patient and all care provided
- Provider networks to be increasingly pre-paid on a per-person basis to deliver and/or manage all care needed across a population of people
- Providers do best by maximizing value (high quality, low cost)

Key Economic Concept: Movement to "Risk"

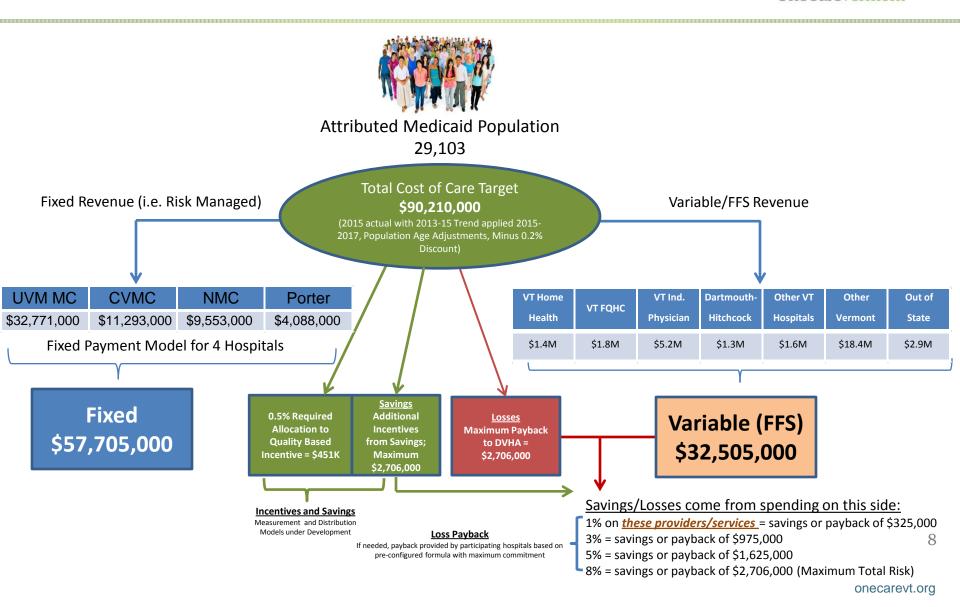


- "Risk" in this context is where health care provider performance includes financial accountability for cost overruns
 - Current ACO models dominated by "upside only" savings but that was never intended as anything other than transitional model
- CMS is closing the exits to completely avoid this movement:
 - Standard Medicare ACO program has maximum 6 years before risk
 - Increasing attractiveness of risk ACO Models
 - Mandatory bundled payments
 - MACRA/MIPS in 2019 for all Medicare physicians
 - CMS requirements/incentives for multi-payer payment reform
 - State innovation models with strong payment reform element (like Vermont's APM)
 - Recent 1115 Medicaid Waivers (including Vermont) focused on moving Medicaid into ACOs and payment reform

Risk Example: VMNG Economic Model



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The Opportunity is Still There





Waste in Health CareSpending by \$1 Trillion

HBR Online November 2015

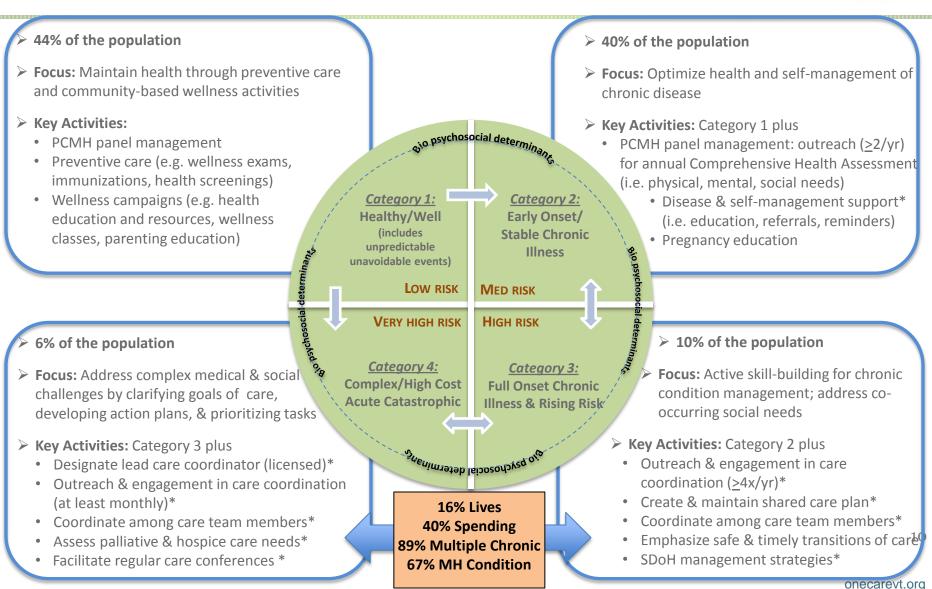
We had two key findings:

- The political rhetoric about demand-side versus supply-side as a better option is ill-founded; both have roughly the same effect on total spending.
- Even if the United States implemented all the approaches whose effectiveness has been measured, only 40% of the
 estimated \$1 trillion of wasteful spending would be addressed, leaving a significant opportunity for innovation in all
 areas of health care.

CATEGORY		ENT OF HEALT ESPENDING				
CLINICAL WASTE	Spending that could be reduced with better prevention or higher-quality initial care; replacing services with less-resource-intensive alternatives; or improving processes by standardizing best practices		14%			
ADMINISTRATIVE COMPLEXITY	Spending that could be eliminated with simpler, more-standardized processes for billing and collections, credentialing, compliance, and oversight		9%			
EXCESSIVE PRICES	Overspending resulting from paying high prices charged by inefficient suppliers (including providers), which could be eliminated by tying prices to efficiency, outcomes, and a fair profit		5%			
FRAUD AND ABUSE			7%			
OF BERWICK AND HACK	RIPTIONS OF CLINICAL WASTE ARE AN AGGREGATION BARTH'S ORIGINAL ANALYSIS. WASTE IN U.S. HEALTH CARE," BY DONALD M. BERWICK AND		© HBR.O			

Population Health Management Model





^{*} Activities coordinated via Care Navigator software platform

Quality and Satisfaction Measurement are Major Elements





Quality Measure Scores PY3 2015

Reporting and Performance Measures

2015 Percentile
2014 Percentile
2014 & 2015 Percentile (No Change)

	Measure		PY 2015	30th (1.10)	40th (1.25)	50th (1.40)	60th (1.55)	70th (1.70)	80th (1.85)	90th (2.00)	OCV 2013	OCV 2014	OCV 2015	*	CMS QI	n 2015	Quality Points 2015
Patient/Caregiver Experience	1	Getting Timely Care, Appointments, and Information	Р	30.00	40.00	50.00	60.00	70.00	80.00	90.00		85.01	79.26	\star		261	1.70
	2	How Well Your Doctors Communicate	Р	30.00	40.00	50.00	60.00	70.00	80.00	90.00	92.54	92.47	93.39			262	2.00
	3	Patients' Rating of Doctor	Р	30.00	40.00	50.00	60.00	70.00	80.00	90.00	91.84	91.45	92.25			246	2.00
Care	4	Access to Specialists	Р	30.00	40.00	50.00	60.00	70.00	80.00	90.00	82.21	86.00	79.71			104	1.70
ient/Caregi Experience	5	Health Promotion and Education	Р	54.71	55.59	56.45	57.63	58.22	59.09	60.71	59.46	60.61	57.55			310	1.40
atie E	6	Shared Decision Making	Р	72.87	73.37	73.91	74.51	75.25	75.82	76.71	75.98	73.81	75.71			233	1.70
4	7	Health Status/Functional Status	R	N/A	73.70	74.12	75.19			310	2.00						
	34	Stewardship and Patient Resources	R	N/A	N/A	N/A	20.26			293	2.00						
	8	Risk Standardized, All Condition Readmissions	Р	16.62	16.41	16.24	16.08	15.91	15.72	15.45	14.75	14.84	14.73			-	2.00
	35	Skilled Nursing Facility 30-day All-Cause Readmission measure (SNFRM)	R	N/A	N/A	N/A	15.72			-	2.00						
_	36	All-Cause Unplanned Admissions for Patients with Diabetes	R	N/A	N/A	N/A	52.08			-	2.00						
ţi	37	All-Cause Unplanned Admissions for Patients with Heart Failure	R	N/A	N/A	N/A	83.26			-	2.00						
Care Coordination	38	All-Cause Unplanned Admissions for Patients with Multiple Chronic Conditions	R	N/A	N/A	N/A	66.82			-	2.00						
	9	ASC Admissions: COPD or Asthma in Older Adults	P	1.75	1.46	1.23	1.00	0.75	0.56	0.27	1.25	0.89	0.83		+	-	1.55
are	10	ASC Admission: Heart Failure	Р	1.33	1.17	1.04	0.90	0.76	0.59	0.38	1.22	1.07	0.87		+		1.55
0	11	Percent of PCPs who Qualified for EHR Incentive Payment	Р	51.35	59.70	65.38	70.20	76.15	84.85	90.91	57.55	72.26	97.58	\star	+	785	4.00
	39	Documentation of Current Medications in the Medical Record	R	N/A	N/A	N/A	79.03			1750	2.00						
	13	Falls: Screening for Fall Risk	Р	17.12	22.35	27.86	35.55	42.32	51.87	73.38	46.30	47.31	65.56	×	+	363	1.85
£	14	Influenza Immunization	Р	30.00	40.00	50.00	60.00	70.00	80.00	90.00	71.36	63.81	68.15		+	336	1.55
	15	Pneumococcal Vaccination	Р	30.00	40.00	50.00	60.00	70.00	80.00	90.00	77.73	77.80	84.70	\bigstar	+	366	1.85
Health	16	Adult Weight Screening and Follow-up	Р	30.00	40.00	50.00	60.00	70.00	80.00	90.00	70.94	70.81	71.94			360	1.70
e T	17	Tobacco Use Assessment and Cessation Intervention	Р	30.00	40.00	50.00	60.00	70.00	80.00	90.00	91.37	96.67	93.46	\star		367	2.00
Ę	18	Depression Screening	Р	5.31	10.26	16.84	23.08	31.43	39.97	51.81	24.71	28.07	35.42	\bigstar	+	271	1.70
Preventive	19	Colorectal Cancer Screening	Р	30.00	40.00	50.00	60.00	70.00	80.00	90.00	65.33	70.27	70.36			361	1.70
	20	Mammography Screening	Р	30.00	40.00	50.00	60.00	70.00	80.00	90.00	68.04	71.12	75.14		+	362	1.70
	21	Proportion of Adults who had blood pressure screened in past 2 years	Р	30.00	40.00	50.00	60.00	70.00	80.00	90.00	68.66	66.43	80.62	*	+	258	1.85
At-Risk Populations		Depression Remission at Twelve Months	R	N/A	N/A	N/A	4.35			23	2.00						
	127 and 41	ACO #27:Percent of beneficiaries with diabetes whose HbA1c in poor control (>9 percent) Hemoglobin A1c Control (HbA1c) (<8 percent) ACO #41: Diabetes - Eye Exam	R	N/A	N/A	N/A	53.85			364	2.00						
		Percent of beneficiaries with hypertension whose BP < 140/90	Р	60.00	63.16	65.69	68.03	70.89	74.07	79.65	67.04	70.57	71.21		+	257	1.70
		Percent of beneficiaries with IVD who use Aspirin or other antithrombotic	Р	30.00	40.00			70.00	80.00	90.00		90.02				308	2.00
	31	Beta-Blocker Therapy for LVSD	Р	30.00	40.00	50.00	60.00	70.00	80.00	90.00	81.78	84.12	80.52			154	1.85
Ā	-	ACE Inhibitor or ARB Therapy for Patients with CAD and Diabetes and/or LVSD	Р	64.37	70.43	75.07	78.28	82.53	86.75	91.67	N/A	N/A	84.75			223	1.70

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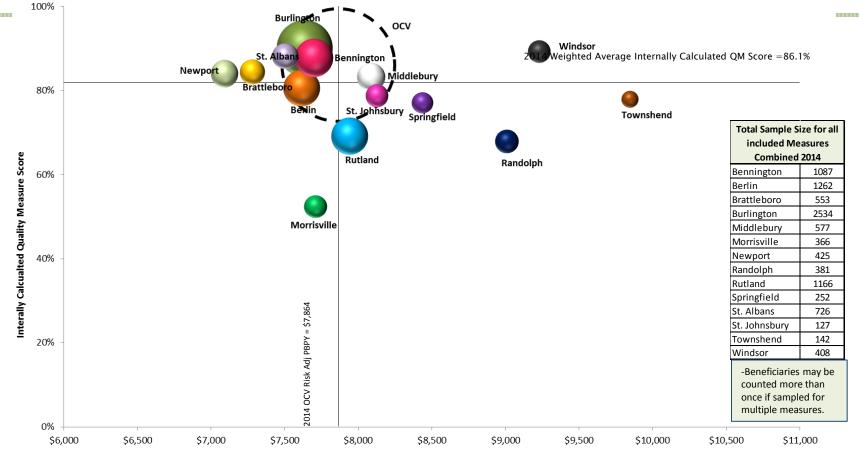
statistically significant change in score from 2014 to 2015 based on p-value < 0.05.

significant improvement based on CMS Quality Improvement Report

2015 Final 2014 Final Percent Score Score Change 96.1% 89.2% 6.9

Medicare 2014 Quality Scores with Clinical and Claims Based Measures vs Risk Adjusted Total Cost of Care by HSA





Risk Adjusted Total Cost of Care Per Beneficiary Per Year

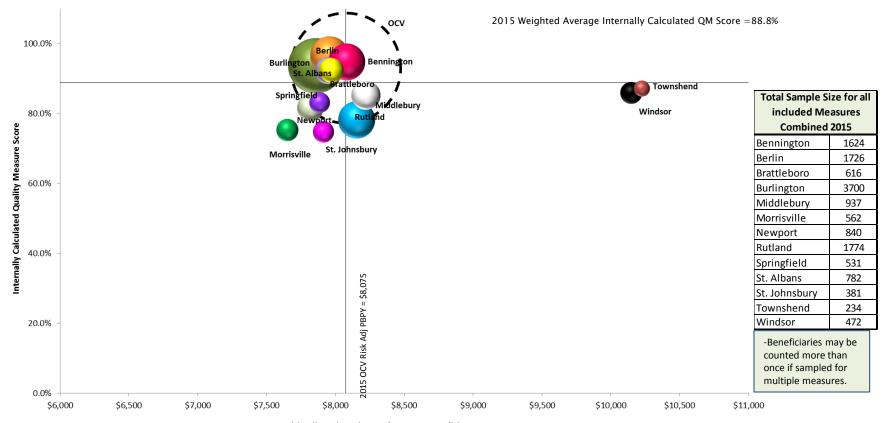
Notes:

- Measures that could reliably be broken out by HSA were included in internally calculated scores, this excludes measures calculated with O/E ratios by the payer and survey measures.
- Medicare 2014 includes measures 8, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22-26, 27, 28, 29, 30, 31, 32-33.
- Only about 5% of the Medicare population was chosen for clinical quality measure reporting.
- Bubble Size indicates population size (OCV attributed population).
- CMS-HCC risk score was used for risk adjustment.
- Spend based on OCV claims data 1/1/2014 12/31/2014 with claims run out through 3/31/2015. For beneficiaries attributed to OCV Q4 2014.

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Medicare 2015 Quality Scores with Clinical and Claims Based Measures vs Risk Adjusted Total Cost of Care by HSA





Risk Adjusted Total Cost of Care Per Beneficiary Per Year

Notes:

- Measures that could reliably be broken out by HSA were included in internally calculated scores, this excludes measures calculated with O/E ratios by the payer and survey measures.
- Medicare 2015 includes measures 8, 39, 13, 14, 15, 16, 17, 18, 19, 20, 21, 40, 27, 41, 28, 30, 31 and 33.
- Randolph HSA did not have any eligible individuals chosen for quality measures in 2015.
- Only about 5% of the Medicare population was chosen for clinical quality measure reporting.
- Bubble Size indicates population size (OCV attributed population).
- CMS-HCC risk score was used for risk adjustment.
- Spend based on OCV claims data 1/1/2015 12/31/2015 with claims run out through 3/31/2016. For beneficiaries attributed to OCV Q4 2015.

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Requires Focus on Socio-Economic Factors Too







A Cultural Transition for Providers





"You've got a rare condition called 'good health'. Frankly, we're not sure how to treat it."

e that's isolated and intermittent

Our Mobile Acute Care Team will treat patients at home who would otherwise require a hospital admission for certain conditions. The

Care Team provides transitional care services to patients at high risk for readmission. After a

continuing support after discharge.

It's a sweeping change in the way that health care is delivered. And with the new system comes a new





ARE FILLED,



OneCare Transformational Agenda under APM



Payment Reform Elements

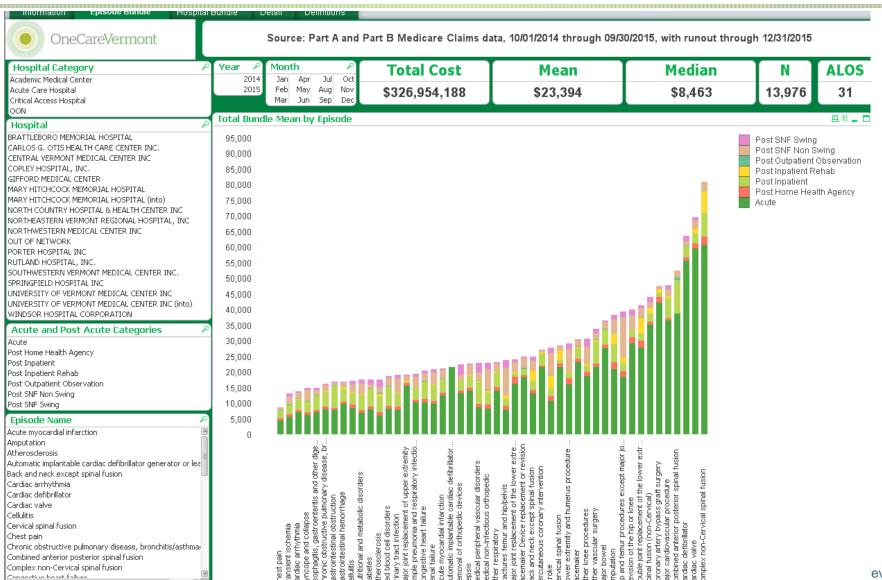
- Population-level total cost accountability ("risk") across Medicare, Medicaid, Commercial populations
- Hospital fixed revenue model for larger portion of their budgets
- Primary Care payment reform equitable and adequate, payer agnostic
- Integrated payment programs with community-based care and service providers

Population Health Management Elements

- Mental health and substance abuse focus
- Community primary and secondary prevention
- Socio-economic risk and mitigation
- Community care coordination
- Consumer health engagement
- Field-deployed population informatics system

Advanced Analytics: Workbench One

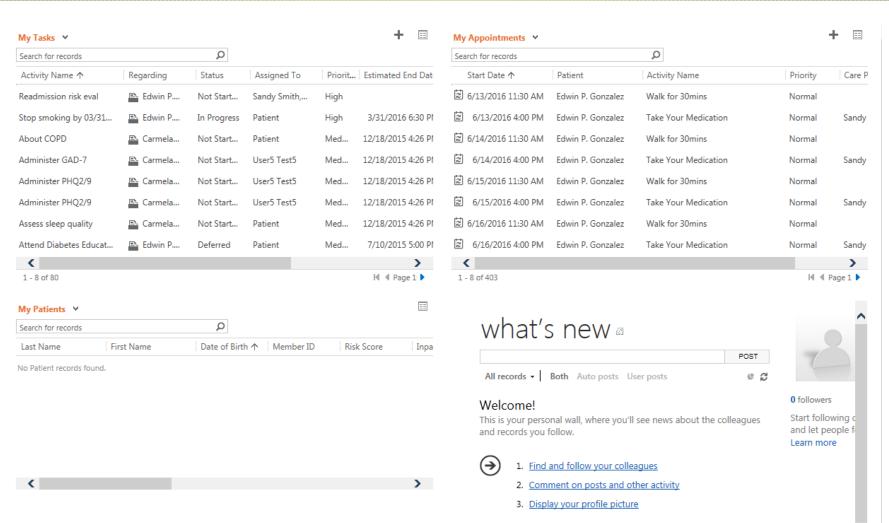




Population Health Management System: Care Navigator



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Final Thoughts



- Likely will take incentives to ensure enough providers, payers, and employers participate in the model
- Public transparency and consumer benefits and protections essential to win their hearts and minds too
- Strong start and continuing shift of financial resources from hospitalbased acute care to prevention and lower cost "upstream" and community-based treatment
 - Transformation assistance to pilot the required new programs and infrastructure will hasten this transition
- Targeting overall healthcare cost growth to a general-inflation level index (3.5%) for 2018-2022 is a significantly underappreciated story
- Population "risk" model means question shifts from "do ACOs save money" to "are ACOs the best way to maintain access, improve quality, and live within the cost target"
 - Savings are "baked in" living within our means is the trick